



Chartered Society  
of Physiotherapy  
SCOTLAND

Scotland

Rehabilitation, recovery  
and reducing health inequity:



# Easing the pain

## Everyone deserves a #RightToRehab

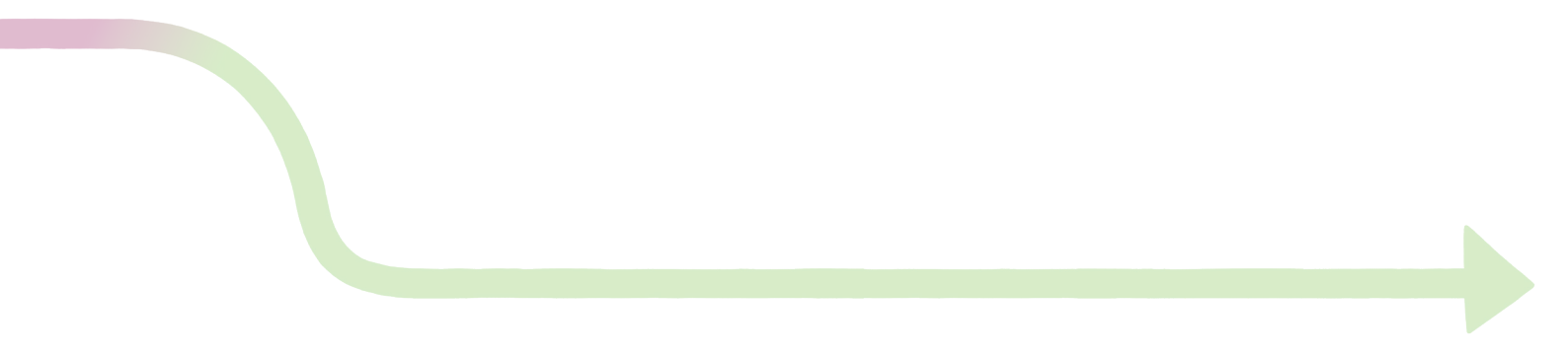
Millions of people in the UK who face systemic discrimination and marginalisation, and those who live in poor communities, are likely to miss out on rehabilitation services.

These services are vital to people's ability to successfully manage long term conditions, recover from illness and injury and prevent a cumulative decline in people's health. Without rehabilitation people can be stuck in a downward spiral.

Important services that could tackle health inequities are either unavailable or poorly equipped.

The Chartered Society of Physiotherapy and our partners in the Right to Rehab Coalition, propose universal access to rehabilitation as the key driver to narrowing the gap in healthy life expectancy.

Everyone deserves the #RightToRehab when and where they need it.



# Government recommendations:

## This is why we are calling on the Scottish Government to:

- Ensure that addressing health inequalities is enshrined in Health and Social care legislation and specified in implementation plans of the rehabilitation framework.
- Adopt the 'Right to Rehabilitation' in any adoption of human rights into Scottish law.

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