

England

Rehabilitation, recovery and reducing health inequity:

Easing the pain

Everyone deserves a #RightToRehab

Millions of people who face systemic discrimination and marginalisation, and those who live in poor communities, are likely to miss out on rehabilitation services.

These services are vital to people's ability to successfully manage long-term conditions, recover from illness and injury and prevent a cumulative decline in their health. Without rehabilitation people can be stuck in a downward spiral.

Important services that could tackle health inequities are either unavailable or poorly equipped.

The Chartered Society of Physiotherapy and our partners in the Community Rehabilitation Alliance propose universal access to rehabilitation as the key driver to narrowing the gap in healthy life expectancy.

Everyone deserves the #RightToRehab when and where they need it.

People in the poorest communities have a 60% chance of being diagnosed with a long-term condition.

Poor health costs the UK economy an estimated £138 billion per year due to absence and impact on productivity at work.

Government recommendations:

This is why we are calling on the Government to:

- Develop a cross-Government strategy to reduce health inequities.
- Update the NHS constitution to include a commitment to reducing the gap in healthy life expectancy with rehabilitation embedded as a key solution.
- Provide long-term funding streams for rehabilitation services to tackle health inequities.

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