

Placement profile

Names and roles

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Organisations

Newcastle upon Tyne NHS Foundation
Trust

Placement overview

Our placement included **a non-clinical day** for our student. Clear objectives were set for a project she researched and delivered through a presentation. The non-clinical skills were all transferrable into clinical practice and also allowed her to develop herself and an understanding of herself. **The majority of our team work part time and this allowed us to manage our caseload in a less stressful way.** We had less staff in on a Friday and so this was the weekly non clinical day. Each week we set **joint goals** and our student had a **clear plan** for her project day. These were then reviewed the following week to ensure she was on track. The goals linked in well with clinical objectives and were around - reviewing information and drawing out what is relevant, goal setting, time management, understanding the subject area.

The project is excellent work for our team and something we have been meaning to do for a long time but have not had time so it was a win/win. **Day to day supervision was split across our team** and we had an **open shared document for communication** to ensure continuity.

Supervision: 1:1 Face to face supervision involving the whole team.

Lessons learnt:

1. The freedom for the student to learn about themselves and the importance of non-clinical time to reflect, learn and develop skills
2. The reduced stress of us as educators
3. Peer learning and reflection teaches the skills that we use in every day practise and make us great therapists

Top tips for others:

- “Plan ahead and have very clear objectives”
- “Go for it! It was a risk that paid off and having the clear objectives meant it was easier to ensure everyone was on track”

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